

CLINDATECH[®] TOPICAL SOLUTION

Clindamycin Hydrochloride 1%

Consumer Medicine Information

WHAT IS IN THIS LEAFLET

Read this leaflet carefully before you start CLINDATECH treatment, even if you have used CLINDATECH before. This leaflet answers some common questions about CLINDATECH. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. Your doctor has weighed the risks of you using CLINDATECH against the benefits this medicine is expected to have for you. If you have any concerns about using CLINDATECH, ask your doctor or pharmacist. Keep this leaflet with your medicine. You may need to read it again.

WHAT IS CLINDATECH USED FOR

CLINDATECH is a skin preparation containing clindamycin hydrochloride and a moisturiser. Clindamycin belongs to a group of medicines called antibiotics. It is available only with a doctor's prescription.

Topical clindamycin is used on the skin to treat certain forms of acne. It works by decreasing acne lesions and / or stopping the growth of skin bacteria which cause acne. It is usually used by itself, but your doctor may prescribe other acne medications that are applied on the skin or taken by mouth.

Your doctor may also prescribe CLINDATECH for another purpose. Therefore, ask your doctor if you have any questions why CLINDATECH has been prescribed for your conditions.

BEFORE YOU USE CLINDATECH

WHEN YOU MUST NOT USE IT

Do not use CLINDATECH if:

- you have an allergy to any medicines that contain clindamycin including those clindamycin taken by mouth of by injection (e.g. Dalacin[®]) or lincomycin (e.g. Lincocin[®]).
- you have an allergy to any of the ingredients listed at the end of this leaflet.
- you have a history of inflammatory diseases of the intestines or the

large bowel (colitis, including ulcerative colitis, colitis caused by antibiotics, pseudomembranous colitis, or enteritis).

- you are breastfeeding or plan to breastfeed.

Do not use this medicine after the expiry date (EXP) printed on the pack.

Do not use this medicine if the packaging is torn or shows signs of tampering. If it has expired or damaged, return it to your pharmacist for disposal.

BEFORE YOU START USING

Tell your doctor if:

- you have a history of stomach or intestinal diseases.
- you have any medical problems especially affecting the liver or kidney.
- you are pregnant or plan on becoming pregnant during treatment.
- you have very sensitive skin.
- you have any skin disorders.

USING OTHER MEDICINES AND SKIN TREATMENTS

Tell your doctor or pharmacist if you are using any medicines or other skin treatments, especially:

- acne preparations;
- antibiotic preparations containing clindamycin, erythromycins or tetracycline;
- preparations containing an abrasive agent (e.g. resorcinol, sulphur, benzoyl peroxide, tretinoin or salicylic acid);
- skin preparations containing high concentrations of alcohol (e.g. astringents, after-shave lotion).

Your doctor or pharmacist can help you avoid products that may cause problems. If you have forgotten to discuss with your doctor or pharmacist about any of these things, tell them before you start using CLINDATECH treatment.

USING CLINDATECH

Follow exactly the instruction of your doctor about when and how to use CLINDATECH treatment.

WHEN TO USE IT

The usual treatment is to apply once or twice a day, in the morning and / or before going to bed.

HOW MUCH TO USE

Using the dabber, apply a thin film onto the skin areas being affected as well as those areas likely to be affected by acne, not just to the pimples themselves.

HOW TO USE IT

Carefully follow the exact instructions given to you by your doctor or pharmacist. These may differ from the information contained in this leaflet.

Before applying this medicine, wash the affected areas thoroughly with warm water and a neutral or pH balanced mild soap, rinse well and pat dry. Shave if needed. Remove any make-up or cosmetics.

Since the medicine contains alcohol, it may irritate freshly washed or shaved skin in some patients. After washing or shaving, allow 15 to 30 minutes before applying the solution.

CLINDATECH comes in a bottle with an applicator, which should be used to apply the medicine directly to the skin.

Tilt the bottle and press the tip firmly against your skin. Using a dabbing motion instead of a rolling motion, allow the solution to flow through the applicator tip onto the skin.

If the flow is too slow, increase the pressure slightly until the solution flows more freely. If the applicator tip becomes dry, turn the bottle upside down and press the tip several times to moisten it.

Spread the medicine to the affected areas over the entire face. Be careful to avoid applying to open wounds, inflamed skins, eyes or any mucous membranes.

Wash hands thoroughly with water after each application.

HOW LONG TO USE IT

Your doctor will decide on the best treatment according to your skin conditions and response. Do not apply more often, or for a longer time than what your doctor has told you. At each visit, your doctor will see how your skin is responding to treatment. Follow

carefully the instructions of your doctor and keep using this medicine for the entire course of treatment even if the pimples clear up after a few days. If your acne does not improve after a few weeks, or if it becomes worse, check with your doctor or pharmacist. The treatment may take up to 8 to 12 weeks before a clear improvement takes place.

IF YOU FORGET TO APPLY CLINDATECH

Apply the medicine as soon as you remember, and then go back to using it as you would normally. If it is almost time for your next application, skip the dose that you missed and go on to the next application. Do not apply double dose.

It is important that you do not miss any doses of your topical antibiotic treatment. Ask your pharmacist for some guidance if you have trouble remembering when to apply your treatment.

IF YOU HAVE USED TOO MUCH (OVERDOSE)

If you have applied too much CLINDATECH, remove any excess applied. Let your doctor know in the next visit even if you have not had any signs of skin redness or discomfort.

If your skin develops severe skin irritation, stop the treatment and contact your doctor immediately.

IF YOU HAVE SWALLOWED CLINDATECH

Do not take this medicine by mouth.

If you or someone else accidentally swallows some CLINDATECH, immediately telephone your doctor or the Poisons Information Centre (telephone 13 11 26 in Australia) for advice, or go to Accident and Emergency at the nearest hospital. Do this even if there are not signs of discomfort or poisoning. The person who has swallowed CLINDATECH may need urgent medical attention.

WHILE YOU ARE USING CLINDATECH

THINGS YOU MUST NOT DO

Do not swallow this medicine.

Do not use on open wounds.

Do not apply to the eyes, around eyelid areas, mouth, lips, mucosa or angles of the nose. If the medicine does get in the eyes, wash them out immediately but carefully with large amounts of

cool, clean water. If the eyes still burn or become painful, contact your doctor immediately.

Do not apply more often than or longer time than what your doctor told you because it may cause your skin to become too dry.

THINGS YOU MUST BE CAREFUL OF

Dry Skin

If your skin becomes unnaturally dry or irritated even under normal use, check with your doctor or pharmacist about adjusting the doses or temporarily discontinue application.

Skin Medications

Do not use any skin preparations of medicated dressings on the same affected areas unless your doctor advised you to do so. If your doctor has prescribed another medicine to be applied to the skin, check with your doctor or pharmacist when and how you should apply these medicines.

Abrasive / Alcoholic Preparations

Avoid using any peeling agents (e.g. resorcinol, salicylic acid) or preparations that contain high concentrations of alcohol (astringents).

Cosmetics

Check with your doctor or pharmacist which cosmetics and perfumed toiletries you can use. Use a mild bland soap, or any suitable soap-free cleansers as advised by your pharmacist. It is best not to use cosmetics too heavily or too often because this may make your acne worse. Wash off any cosmetics every time before you apply CLINDATECH.

SIDE EFFECTS

Like other medicines, CLINDATECH may cause some unwanted effects along with its beneficial effects. Most of these side effects are mild and usually temporary. Check with your doctor or pharmacist as soon as possible if you have any problems while you are applying the topical solution. Do this even if you do not think these problems are related to the medicine or are not listed in this leaflet.

Tell your doctor if you notice any of the following side effects and they worry you:

- dry skin
- peeling
- redness
- skin rashes
- oiliness
- skin irritation
- stinging or burning feeling
- mild stomach upset

Stop applying CLINDATECH and tell your doctor immediately if you have any of the following as you may need urgent medical care:

- watery diarrhoea
- bloody diarrhoea
- abdominal or stomach cramps
- nausea or vomiting

Do not take any diarrhoea medicines without first checking with your doctor.

Other side effects not listed above may occur in some patients. If you notice any other side effects, tell your doctor or pharmacist.

STORAGE

- Keep CLINDATECH in a cool place below 30°C. Do not freeze or expose it to excessive heat and direct light.
- Do not leave it in the car on hot days.
- Keep it where children or pets cannot reach it.

DISPOSAL

- Discard the product three months after opening.
- Do not keep outdated medicine or medicine no longer in use. Ask your pharmacist what to do with any unused medicine.

PRODUCT DESCRIPTION

WHAT IT LOOKS LIKE

CLINDATECH Topical Solution is a clear solution in a bottle with an outer carton. It is available in pack sizes of 6mL, 30mL, 50mL and 100mL.

AUSTRALIAN REGISTRATION NUMBER:
AUST R 66687

WHAT IT CONTAINS

It contains clindamycin hydrochloride 1% (active ingredient), alcohol, dioctyl malate and purified water.

SPONSOR

DermaTech Laboratories Pty Ltd
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AUSTRALIA
Telephone: 1800 818 220

Date of first preparation: Jan 1999
Last Revised: July 2005

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